

# S.T.O.P.

## Men's behaviour change program



**BOOKINGS  
ESSENTIAL**

**S.T.O.P. (Skills, Techniques, Options and Plans) is a group program for men who want to work towards establishing healthy and safe relationships. It provides insights and skills development in areas including:**

- beliefs about male identity
- respectful behaviour in relationships
- identifying family safety concerns
- acknowledgement and understanding of choices and accountability.

Commencing in March 2020  
(twice per week for 11 weeks)  
5.30pm – 8.00pm

### **Location**

Anglicare  
Level 5  
31-39 Macquarie St  
Parramatta

Cost: \$20 per session.  
Childcare is not provided.

*S.T.O.P is funded through the Australian Government*

**For bookings and information:**

**9835 8090**

**[education@anglicare.org.au](mailto:education@anglicare.org.au)**



**Anglicare**

**Community  
Services**