



# Helpful Information for People in Need

## Free Meals & Low Cost Food

### Anglicare

Ph: **9821 1014**

58-60 Macquarie St, Liverpool

### Liverpool Community Kitchen & Hub

Uniting Church - 28 Pirie St Liverpool

Ph: **9734 4710**

***Kitchen:*** Monday to Friday:

Breakfast 9.30am—10.30am

Lunch 12.30pm-1.30pm

***Hub:*** Wrap around support services - Thursdays

### Salvation Army - Food 4 Life Market

Cnr Hereford & Jersey Streets Busby

Ph: **9826 7819**

Mondays & Thursdays 1-4pm & Tuesdays & Fridays 10am-1pm

Membership fee \$15

### Salvation Army - Free Breakfast & Lunch

51-55 Memorial Avenue Liverpool

Ph: **9826 7819**

Mondays, Wednesdays & Fridays 10am-1pm

### St Vincent de Paul – Night Patrol Van (*look for white van with logo*)

Ph: **9518 0303**

ALL Locations—Tuesdays - Saturdays

(except public holidays)

***Liverpool:*** Pioneers Memorial Park, Macquarie St

8.30pm- 9.00pm

***Sadlier:*** Miller Park, Maxwell Ave & Cartwright Ave

9:15pm – 9:45pm

# Health & Family Services

## Anglicare

Ph: **9821 1014**

58-60 Macquarie St, Liverpool

*Family Services Liverpool*

The Family Support Program offers support to vulnerable and disadvantaged families with children from birth to 17 years living in Liverpool through home visiting, advocacy and group work, focusing on early and crisis intervention.

Assists with parenting and behaviour management, emotional support, relationship issues, separation & family violence.

## Liverpool Community Health Centre

Ph: **8738 4844**

Opening hours - Monday to Friday 8:30 am - 5 pm

Level 3, Health Services Building - Cnr Campbell & Goulburn Sts,  
(Across from Cancer Therapy entrance to the Liverpool hospital)

## Liverpool Community Mental Health Team (LCMHT)

Ph: **9616 4354**

Mental Health Ambulatory Care

Entrance L, Liverpool Hospital

Corner Elizabeth & Goulburn Sts Liverpool

Opening hours: Monday to Friday (closed public holidays)

8:30am - 5pm

The Liverpool CMHT provides clinical services to people living in the community who have complex mental health needs and require ongoing care and management.

*Note : for any emergency referrals to community mental health services — ring the **Mental Health Line on 1800 011 511** (24 hours a day, 7 days a week)*

## Health & Family Services continued

### **Mensline Australia**

Ph: **1300 789 978**

A safe and private place to talk about concerns

Confidential, anonymous and non-judgmental support

Coaching and practical strategies for managing personal relationship concerns

Callers have access to 24-hour support, anywhere anytime.

### **Catholic Care**

Ph: **13 18 19**

CCareline staff help you find family support, counselling, specialist services for domestic and family violence, help with addictions.

### **Children and Parenting Support Program (CAPS)**

Ph: **8784 1300—Sadlier**

1 Spica Street, Sadlier

Ph: **4621 6666—Campbelltown**

31-35 Chamberlain St, Campbelltown

Parenting support program offering support to parents with children 0-12 years. Through supported playgroups (children up to the age of five years), case management and parenting groups in the Warwick Farm, Liverpool, Airds, Bradbury and Wedderburn areas.

# Crisis Accommodation

## **Link2Home**

Ph: **1800 152 152**

24 hours a day, 7 days a week

Link2home is the information and referral telephone service for people who are homeless or at risk of becoming homeless across NSW.

## **Salvation Army - Sydney & Illawarra**

Ph: **9212 1065**

Men, women, families, youth supported accommodation

## **St Vincent de Paul's - Liverpool Men's Centre**

Ph: **9560 2656**

Suitable for Men (unaccompanied) over 25 yrs old

## **Hope Hostel – Parramatta Mission**

Ph: **Link2Home : 1800 152 152**

2 B Fleet St, Parramatta

Suitable for Men only

## **Asylum Seekers Centre**

Ph: **9078 1900**

Suitable for Asylum seekers in Sydney NSW



**ST LUKE'S**  
**LIVERPOOL**  
a church for all people

