



32 Edgar St,
Macquarie Fields,
NSW 2564

All enquiries
(02) 9829 8898 or
0417084076
Mon to Thurs
9.30am—4pm

*Shed hours: 8am-3pm
Mondays & Wednesdays*

At Macquarie Fields there is a big tin shed where blokes come together, with a variety of backgrounds to share their skills, gain knowledge, meet new mates and build positive relationships as they enjoy working together 'Shoulder to Shoulder'



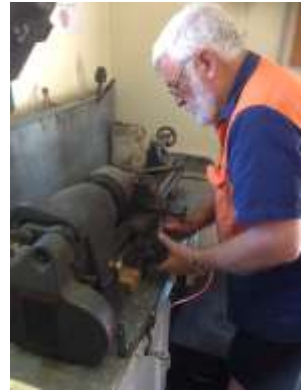
mensshed@btc.org.au
www.btc.org.au



The Break the Cycle Glenquarie Men's Shed is involved in Woodwork, Metal work Electrical, Welding, Gardening, Mechanical, Computing, mixed together with a wealth of life knowledge, friendship and experiences.



We have both metal and wood turning lathes, an array of hand and power tools, stick welding gear and are always on the lookout for new donations.



Our mature 'shedders' aim to be mentors for those men in our community who wish to improve themselves.





To other sheds out there, we often have items that we would be willing to swap or exchange for tools that your shed may need.



To the community we offer our services by repairing or building various items, costs can be negotiated by contacting the coordinator.



Our shed promotes safety, team work, friendship & self assurance.



MEN'S SHED

Break the Cycle Glenquarie runs on site a weekly life skills course for men called Sorted! that many of our 'shedders' have enjoyed attending.



If you have never used tools or have limited experience then our members will assist with the skills you require you will only need to be willing to learn.



We require participants observe all Work Health & Safety rules for the safety of all.

There is an annual membership fee of \$20.00 & for \$5.00 on the day, you can enjoy tea/coffee, a soft drink and lunch!



Break the Cycle Glenquarie is a not-for profit organisation that is in part financially supported through both ...



We welcome your tax deductible donations to support our various programmes.

Donations can be made via EFT:

BSB 032 372, Account 285 226

Or by cheque made out to:

Break the Cycle Glenquarie Inc. (Men's Shed)

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