

S.T.O.P.

Men's behaviour change program



**BOOKINGS
ESSENTIAL**

S.T.O.P. (Skills, Techniques, Options and Plans) is a group program for men who want to work towards establishing healthy and safe relationships. It provides insights and skills development in areas including:

- beliefs about male identity
- respectful behaviour in relationships
- identifying family safety concerns
- acknowledgement and understanding of choices and accountability.

S.T.O.P. is an accredited Men's Behaviour Change Program funded through NSW Government.

Mondays & Thursdays

Commencing in September
(twice per week for 8 weeks)
5.30pm – 8.00pm

Location

Anglicare
Level 5
31-39 Macquarie St
Parramatta

This is a free course.
Childcare is not provided.

For bookings and information:

9895 8144

education@anglicare.org.au



Anglicare

**Community
Services**