

# Beyond Abuse



ANG4501

**BOOKINGS  
ESSENTIAL**

**This program provides a safe place where women can share their experiences of domestic violence. It offers:**

- support and education about the cycle of violence
- strategies to challenge the effects of abuse
- tips on building self-esteem combined with the learning, helps develop a new awareness for future healthy relationships.

*Anglicare group programs are funded through sources including the Australian Government Department of Social Services and NSW Family and Community Services.*

## **Thursdays**

26 July – 13 September 2018  
(8 consecutive weeks)  
10.00am – 12.30pm

## **Location**

Anglicare  
Level 5  
31-39 Macquarie St  
Parramatta 2150

This is a free course.  
Childcare is not provided.

**For bookings and information**  
**9895 8144**  
**[education@anglicare.org.au](mailto:education@anglicare.org.au)**



**Anglicare**

**Community  
Services**