

Sorted! runs on Tuesdays from 11am @

Break the Cycle Glenquarie 32 Edgar St, Macquarie Fields



FAMILY, RELATIONSHIP & LIFE SKILL  
**SUPPORT**

# Sorted!



Break the Cycle aims to empower sustainable life choices & communities, through education and support

Sorted! is a course that educates men towards changing the way they see themselves and how they relate to others.

Our plan is to assist men to, be more "Sorted" in themselves, have healthier families and build stronger local communities.

Sorted! includes topics that most men never talk about but really should.

Ask our Chaplain to see if you qualify for a Work and Development Order as attending Sorted! may also help you

Phone: 02 9829 8898

Sorted! also runs on Mondays from 10am @  
St Luke's Liverpool | Cnr Elizabeth & Northumberland Sts

We understand that sometimes life can become difficult and challenges can be overwhelming.

Break the Cycle offers a wide range of services where anyone can seek assistance in meeting these challenges.

## Break the Cycle Glenquarie

32 Edgar St, Macquarie Fields, NSW

Email: [info@btc.org.au](mailto:info@btc.org.au)

Web: [www.btc.org.au](http://www.btc.org.au)

Phone: 02 9829 8898

